

Transforming Lives & Building Stronger Families

Founded in 2025, the Inland Fatherhood Initiative empowers fathers in southeastern Washington State (and some parts of Idaho) to become the dads their children need. As an organization born from the success of the Spokane Fatherhood Initiative, we share the vision that every child deserves a present, loving, and nurturing father.

What does the program cost?

Thanks to our generous donors and community partners, we offer this program at no cost to participants.



www.in-fi.org



INLAND
FATHERHOOD
INITIATIVE



Founders Spencer and Cassandra Metcalfe with
their children



Get in touch

1 (208) 717-1092

We restore the value of fatherhood in our community by equipping dads with the skills, tools, and support they need to build healthy relationships with their children and families.

Through evidence-based training, mentorship, and community building, we help fathers of all backgrounds develop the essential skills for effective parenting.

ABOUT IN-FI.ORG

OUR BEGINNINGS

The Inland Fatherhood Initiative began with a simple but powerful vision: to bring evidence-based fatherhood training to the families of southeastern Washington and north-central Idaho. Founded in Pomeroy, Washington by Spencer and Cassandra Metcalfe, our organization grew from their personal experience with the transformative 24/7 Dad® program through the Spokane Fatherhood Initiative (SpoFI).

I tried everything my way, but I wasn't getting the results I wanted or developing the fathering skills I truly needed. The 24/7 Dad class at SpoFI opened my eyes and showed me the changes I needed to make in my life.

I saw firsthand how a healthy, loving father impacts a child's life, and I learned the practical steps to become that kind of dad. Real change starts in your heart with a willingness to break old habits and create new, better patterns. Whether you're in a traditional or blended family, having structured support strengthens your relationships with your children and partner. This program transformed our family, and I'm committed to bringing these same opportunities to other fathers in our region.

—Spencer Metcalfe

24/7 DAD® BASIC PROGRAM CLASS DETAILS

- 12 two-hour sessions
- Classes meet weekly
- Small groups for meaningful discussion
- Dinner provided at each session
- No cost to participate (thanks to our donors and community partners)

WHAT YOU'LL LEARN

The 24/7 Dad® curriculum builds skills in five essential areas:

1. **Self-awareness:** Understanding your strengths and weaknesses / Exploring your family history and its impact / Developing a healthy male identity
2. **Fathering Skills:** Defining what makes a good father / Understanding your role as a dad / Building confidence in your parenting
3. **Parenting Skills:** Effective discipline strategies / Child development basics / Supporting your child's unique needs
4. **Relationship Skills:** Improving communication / Working effectively with your child's mother / Resolving conflict in healthy ways
5. **Self-care:** Managing stress and emotions / Setting healthy boundaries / Taking care of your physical and mental health

HOW TO REGISTER

Register Online: www.in-fi.org/register

MEET OUR TEAM

+BOARD MEMBERS



Spencer / Executive Director

Spencer Metcalfe founded Inland Fatherhood Initiative after experiencing transformational change through the 24/7 Dad® program at SpoFI, bringing his passion for helping fathers break generational cycles to the Lewiston area.



Cassandra / Co-Founder

Cassandra co-founded the organization with Spencer, bringing her commitment to strengthening families and supporting fathers in their parenting journey.



Pastor Stan / The Board

Dr. Stan Christopherson serves as lead pastor with degrees in chemistry and theology, plus volunteers as a certified firefighter and EMT.



Ron / The Board

Ron brings proven expertise from his leadership role with the Spokane Fatherhood Initiative to guide program development.